VISIT…

Creative Classroom Cooking

RECIPES! TASK CARDS! FOR INDEPENDENT COOKING AND LEARNING!

KINDERGARTEN - GRADE TWO

VERA TREMBACH
TEACHER RESOURCES

RAINBOW HORIZONS PUBLISHING

Creative Classroom Cooking contains

36 non-cook recipes for the independent cooking centre

nutritious snacks

easy to read instructions

minimal teacher preparation

Recipe words such as ingredients utensils and method are used for technical literacy.

The recipes are in metric for young Canadian cooks.

Journal word cards are included for student reference.

Enjoy Creative Classroom Cooking !

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Journal Word Cards

Journal Word Cards can be used for vocabulary and for student reference when cooking.

Cut out and mount on a bristol backing. Laminate.

Display in a pocket chart.

Game

Read the recipe together. As you go through the measurements and utensils, ask individuals to find the Journal Word Cards that belong to the recipe.

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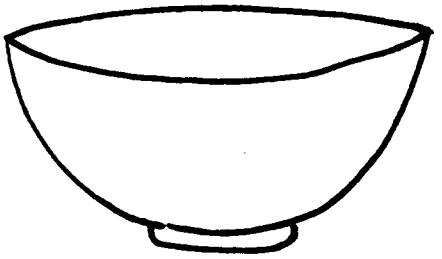
Journal Word Cards

big bowl



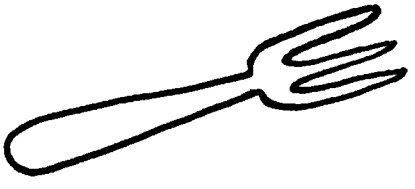
knife

cutting board

ice cream scoop

small plate

fork



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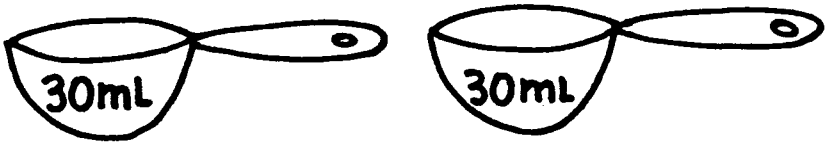
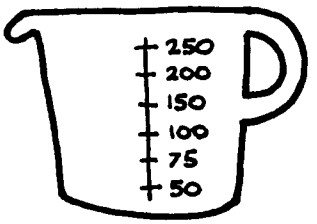
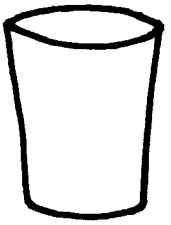
5 mL

15 mL

30 mL 

measuring cup 

glass 

small bowl

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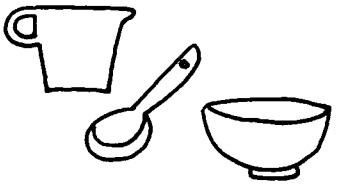
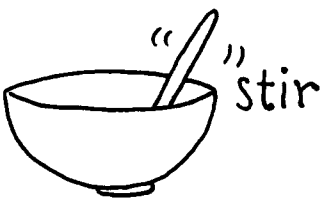
ingredients - food that you need

utensils - cooking tools

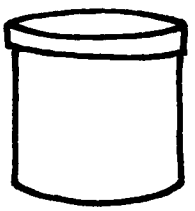


method - "how to"

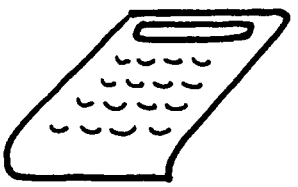


toothpicks

jar with a lid



grater



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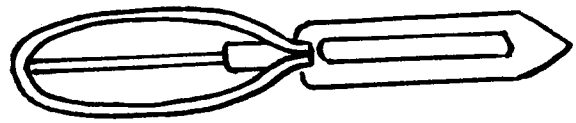
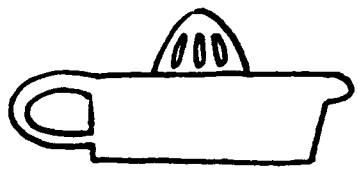
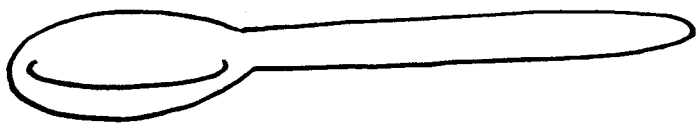
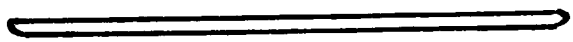
vegetable peeler 

hand juice squeezer 

spoon 

skewer 

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Cooking Centre !

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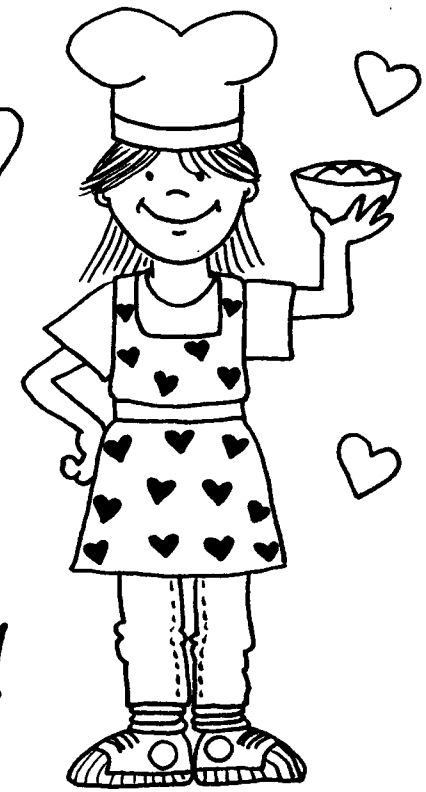
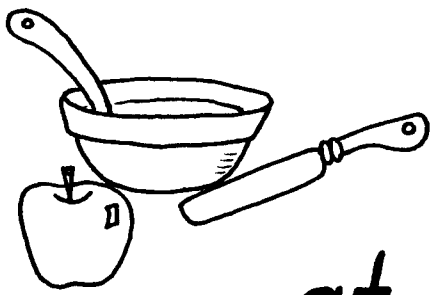
This is to certify

that _____



♡'s cooking

and works hard to be a



GOOD COOK

at our Cooking Centre !

Your teacher, _____

date _____

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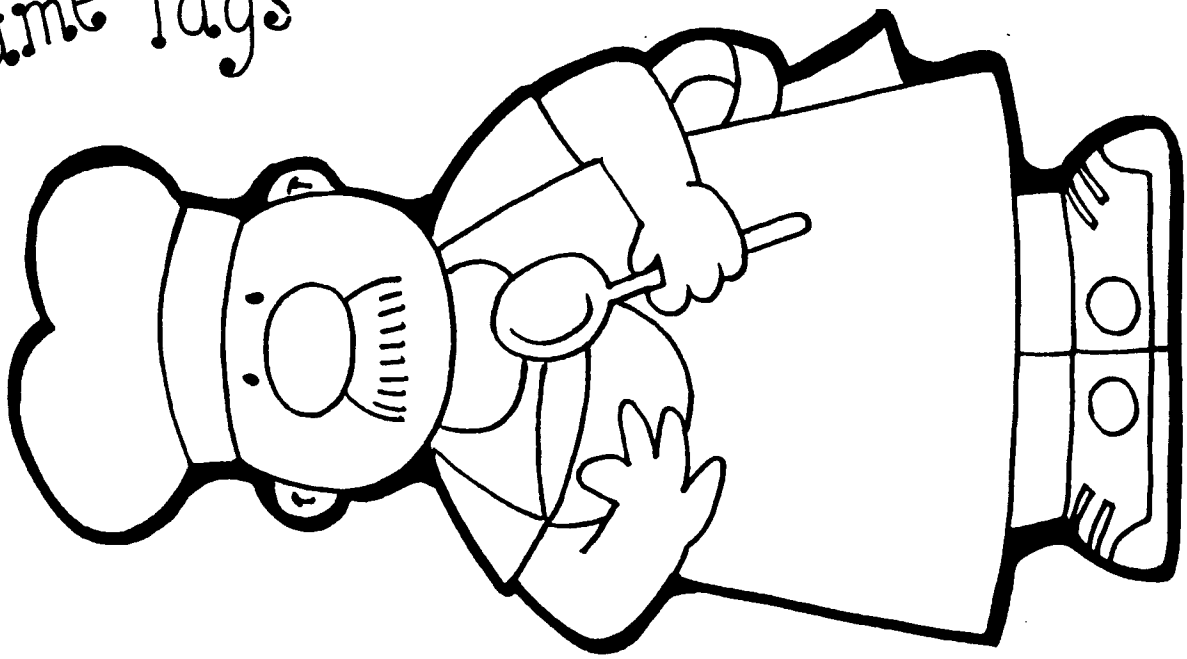
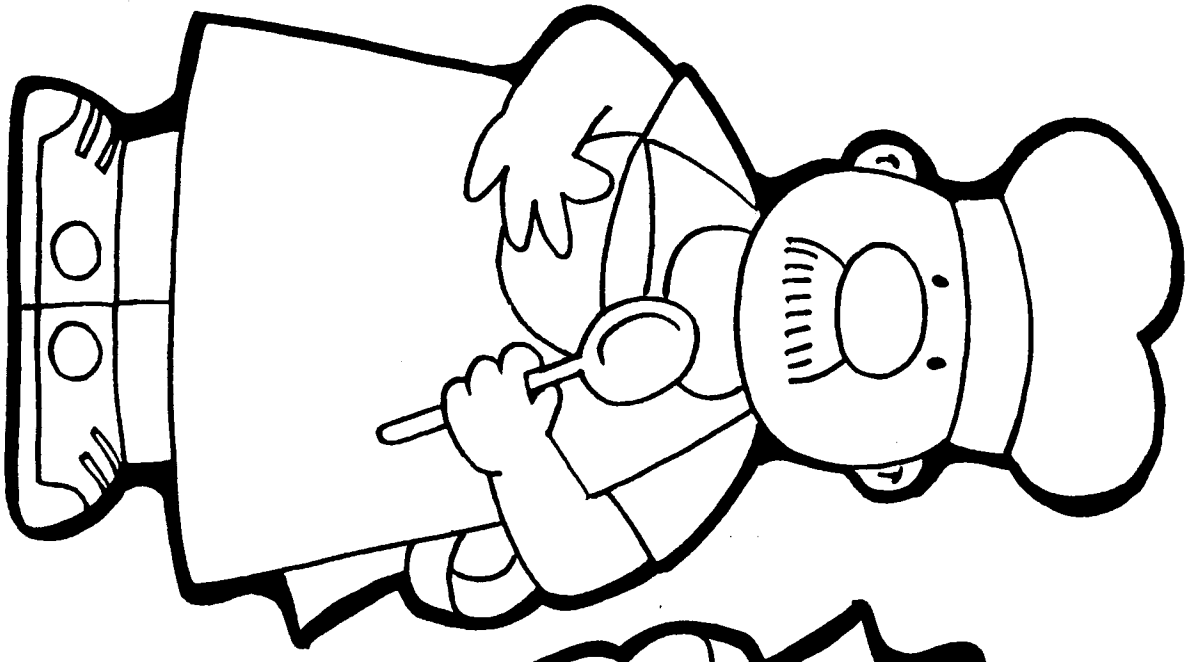
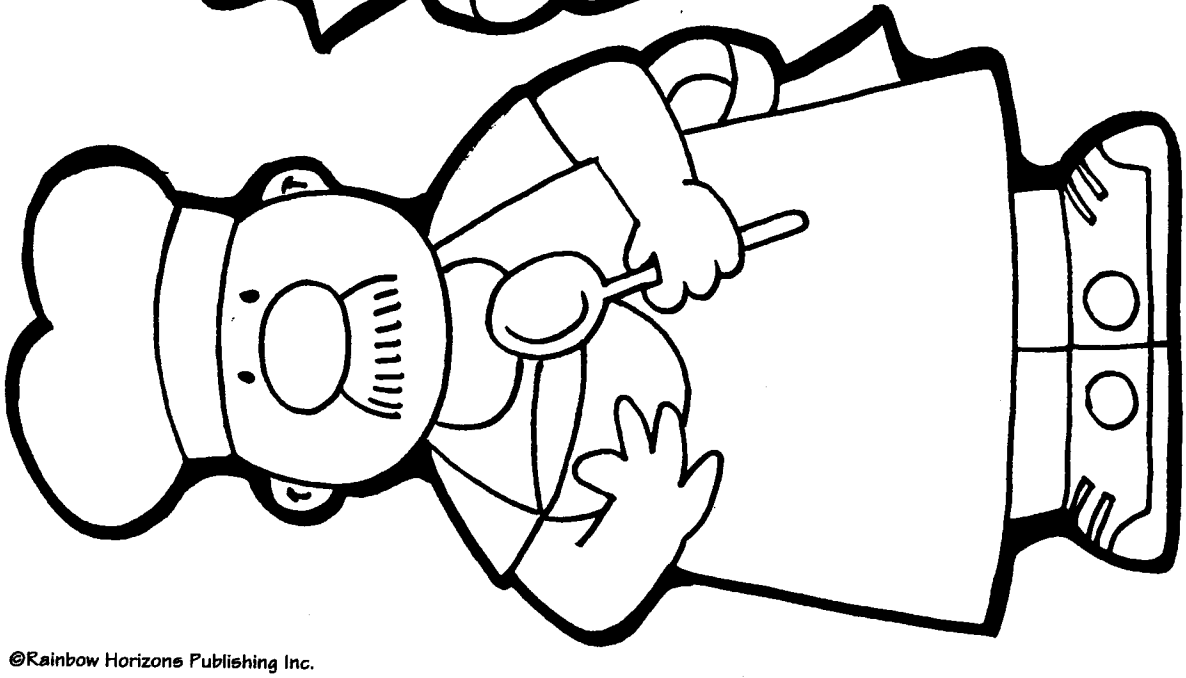
Name Tags







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Recipes, in Alphabetical Order....

Ants at a Picnic
Apple Dolly
Apple Salad Surprise
Apple Sandwich
Bugs on a Log
Carrot Salad
Celebration Sundae
Christmas Fruit Kabob
Crazy Clown
Cucumber Snacks
Fall Tree Salad
Fruit Dipping
Fruit Piggie
Gorp
Gumdrop Spider
Lemonade
Mice
Monster Bun
Nutty Eggs
Orange Jubilee
Owl
Peachy Sundae
Peanut Butter-Banana Rollup
Peter Rabbit
Pineapple Shake
Pizza Mini
Porcupine
Potato Salad
Rocket Ship
Sailboat
Snails
Snowballs
Snowman
Valentine Fizzle
Veggies and Dip
Witch's Brew

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Special Day Recipes

Witch's Brew

Monster Buns

Valentine Fizzle

Peter Rabbit

Christmas Fruit Kabob

Theme Recipes

Rocket Ship

Snowman

Snowballs

Mice

Owl

Gumdrop Spider

Bugs on a Log

Ants at a Picnic

Snails

Fall Tree Salad

Celebration Sundae

Crazy Clown

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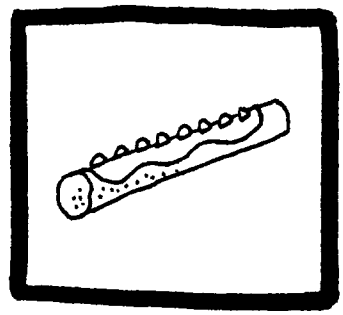
Ants at a Picnic

Ingredients



1 bread stick for a log

15 mL peanut butter

8 peanuts for ants

Utensils

a knife

15 mL measuring spoon

Method

1. Measure the peanut butter.
2. Spread the peanut butter along the log.
3. Sit the peanut ants on the peanut butter.

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Apple Dolly

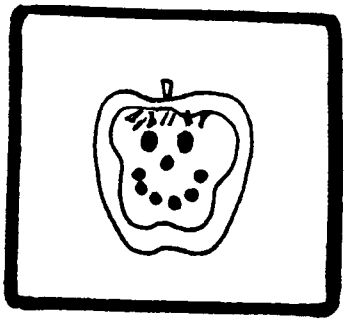
Ingredients

1 apple

15 mL peanut butter

9 raisins

15 mL coconut



Utensils

a knife, cutting board, 15 mL measuring spoon

Method

1. Cut the apple in half on the cutting board. Take out the seeds.
2. Measure the peanut butter and spread on the flat part of the apple with the knife.
3. Use the raisins to make eyes, a nose and a mouth.
4. Use the coconut to make hair.

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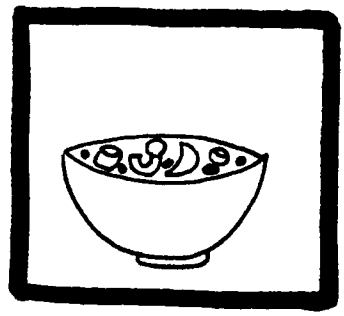
Apple Salad Surprise

Ingredients



¼ of an apple

1 celery stick

8 raisins

6 mini marshmallows

15 mL mayonnaise

Utensils

a small bowl, a knife, a fork, 15 mL measuring spoon, cutting board

Method

1. Cut up the apple and celery into small pieces on the cutting board. Put in a small bowl.
2. Add the marshmallows.
3. Measure the mayonnaise. Add to the mixture. Mix up with the fork.

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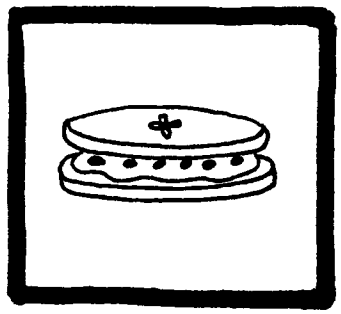
Apple Sandwich

Ingredients



2 apple circles

15 mL peanut butter

10 raisins

Utensils

15 mL measuring spoon , a knife

Method

1. Measure the peanut butter and spread onto one side of each apple circle .

2. Place the raisins on one apple circle, on top of the peanut butter.

3. Put the two apple slices together, like a sandwich. Squeeze gently.

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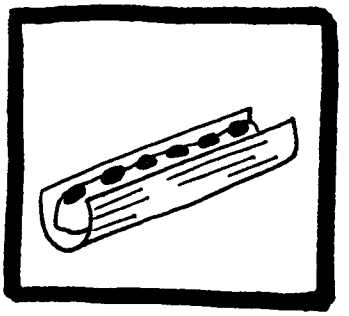
Bugs on a Log

Ingredients

1 celery stick for a log

15 mL of cheese spread

6 raisins for bugs



Utensils

a knife

15 mL measuring spoon

Method

1. Measure the cheese spread and spread it inside the celery stick.
2. March the raisins or bugs along the top.

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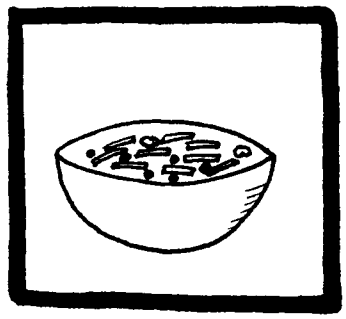
Carrot Salad

Ingredients



1 carrot

15 mL walnut pieces

8 raisins

15 mL mayonnaise

Utensils

a vegetable peeler, a grater, a small bowl, a fork, 15 mL measuring spoon

Method

1. Peel the carrot. Shred it into a small bowl.

2. Measure the walnuts and add to the shredded carrot.

3. Add the raisins.

4. Measure the mayonnaise. Add it to the mixture. Stir with a fork.

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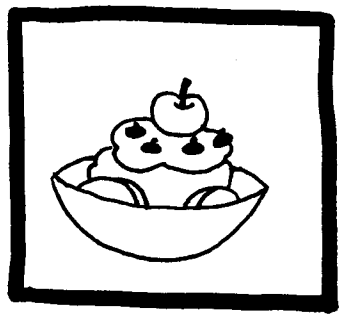
Celebration Sundae



Ingredients

½ of a peeled banana
1 scoop of your favourite ice cream
15 mL whipped cream
1 cherry
15 mL sliced strawberries
8 chocolate chips

Utensils a small bowl, a knife, a cutting board, a 15 mL measuring spoon, an ice cream scoop

Method

1. Put the ice cream in the small bowl.

2. Cut 4 slices of banana. Use the cutting board. Put the slices around the ice cream.

3. Measure the whipped cream and put on top of the ice cream.

4. Measure the strawberries and put on top of the whipped cream.

5. Top with the chocolate chips and the cherry.

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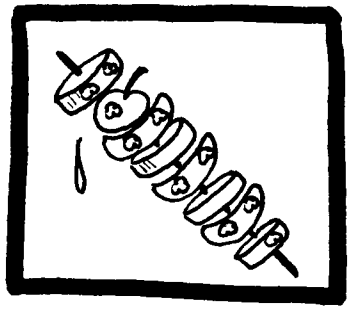
Christmas Fruit Kabob

Ingredients

3 pieces of mandarin orange
½ of a banana
1 cherry
honey
crushed walnuts



Utensils

a bamboo skewer, a pie plate, a cutting board, a knife

Method

1. Cut the banana into 4 pieces on the cutting board.
2. Push the fruit, one piece at a time, onto the skewer.
3. Pour the honey into one side of the pie plate. Put the walnuts into other side.
4. Roll the fruit stick in the honey and then the walnuts.

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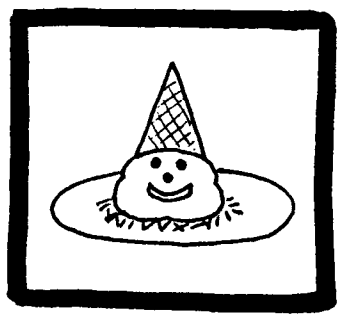
Crazy Clown



Ingredients

1 scoop vanilla ice cream

1 ice cream cone

1 piece of licorice, 4 cm long

3 gum drops

15 mL coconut

Utensils

15 mL measuring spoon, an ice cream scoop, a small plate

Method

1. Measure the coconut and make a nest on the plate. Put the scoop of ice cream on top.

2. Use the cone for a hat.

3. Use the gumdrops for eyes and a nose. Use the licorice for a mouth.

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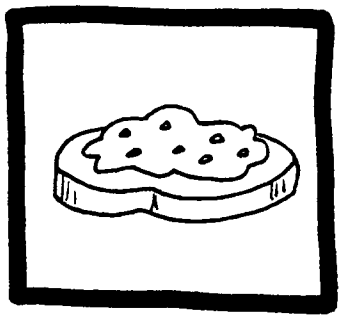
Cucumber Snacks

Ingredients



2 cucumber slices

15 mL tuna

5 mL mayonnaise

onion bits

pepper

Utensils

a small bowl , 15 mL and 5 mL measuring spoons , a fork , a spoon

Method

1. Measure the mayonnaise and tuna into a small bowl. Add the onion bits and mix together with a fork.
2. Put a spoonful of the tuna mix onto each cucumber slice.
3. Sprinkle with a bit of pepper.

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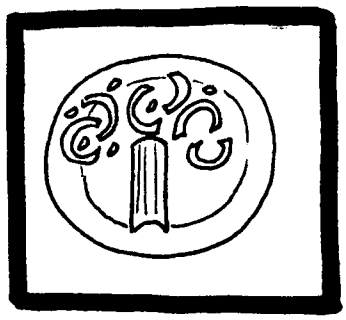
Fall Tree Salad

Ingredients



1 celery stick

1 carrot

10 raisins

20 shelled unsalted sunflower seeds

Utensils

a small plate, a vegetable peeler

Method

1. Peel the carrot and use the peeler to make carrot curls.

2. Put the celery stick on a small plate. Arrange the carrot curls around the top of the celery to look like leaves.

3. Place the raisins and seeds in the leaves to look like fruit growing on the tree.

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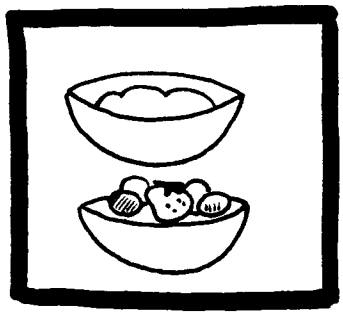
Fruit Dipping

Ingredients

30 mL plain yogurt
5 mL brown sugar
1 apple wedge
3 strawberries
8 grapes
¼ peeled banana



Utensils

2 small bowls, a knife, a cutting board, 15 mL measuring spoon, a spoon

Method

1. Wash the strawberries and grapes. Put into one small bowl.

2. Use the cutting board to cut the banana and apple in half. Add to the fruit bowl.

3. Measure the yogurt and brown sugar and put into the other small bowl. Stir with the spoon.

4. Dip the fruit and enjoy!

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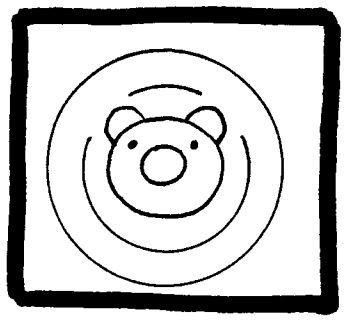
Fruit Piggie

Ingredients



½ of a peach

½ of a marshmallow

2 raisins

1 apple slice

Utensils

a small plate , a cutting board , a knife

Method

1. Put the peach half on a plate , the flat side up.

2. Put the marshmallow where the peach stone was , for the nose.

3. Put the raisins for eyes.

4. On the cutting board , cut the apple slice in half. Put the apple slices on the peach for ears.

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Gorp

Ingredients

5 mL each of almond pieces

walnuts

sunflower seeds

raisins

peanuts

chocolate chips

Utensils

5 mL measuring spoon, a clean and empty mayonnaise jar with a lid.

Method

1. Measure all the ingredients and put into the jar.
2. Screw on the lid and shake to mix.

A great nutritious snack!

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Gumdrop Spider

Ingredients

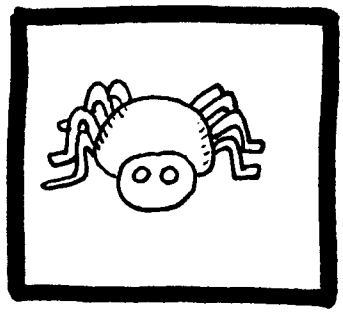
2 gumdrops

8 pieces of shoestring licorice

2 silver cake beads

Utensils

1 toothpick



Method

1. Join the gumdrops together with a toothpick.
2. Stick the licorice pieces into the back gumdrop for legs.
3. Push the cake beads into the front gumdrop for eyes.

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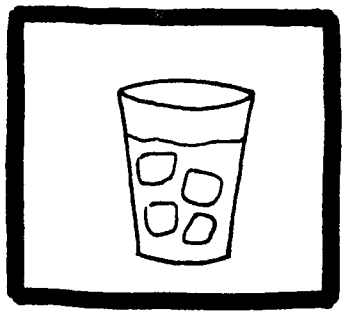
Lemonade



Ingredients

½ of a lemon

10 mL sugar

125 mL water

ice

Utensils

5 mL measuring spoon, a glass, a measuring cup, a hand juice squeezer

Method

1. Use the hand squeezer to get the lemon juice. Pour into a glass.
2. Measure the sugar and add to the juice. Measure the water and add to the juice.
3. Stir well. Add ice to make a cold drink.

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Mice

Ingredients

2 prunes

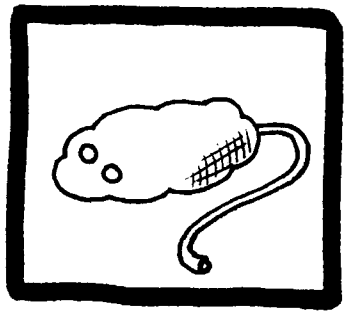
2 pieces of black shoestring licorice

4 silver cake beads

Method

For 2 mice:

1. Push 2 silver cake beads into each prune for eyes.
2. Stick a piece of licorice into each prune for a tail.



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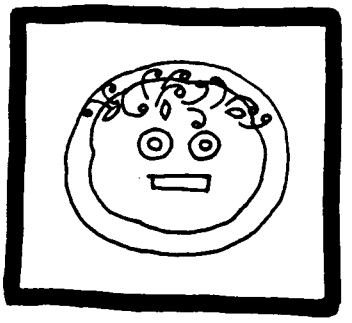
Monster Bun

Ingredients



30 mL tuna
15 mL mayonnaise
½ of a bun
sunflower seeds
alfalfa sprouts
strip of cheese
1 olive

Utensils

a small bowl, a knife,
a cutting board, a fork
a 15 mL measuring spoon

Method

1. Measure the mayonnaise and the tuna. Place in the small bowl. Mix with the fork.
2. Spread the mixture on the bun.
3. Cut the olive in half to make monster eyes on the bun. Use the cutting board.
4. Use the sprouts, cheese and seeds to finish up the monster face.

Don't be afraid to eat it!

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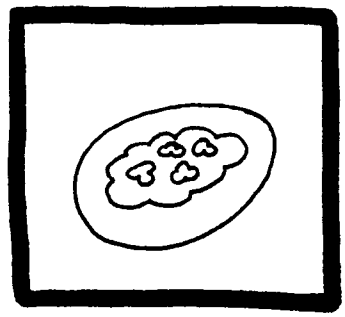
Nutty Eggs

Ingredients



1 hard boiled egg

5 mL mayonnaise

5 mL crushed walnuts

2 mL hot dog relish

Utensils

a small bowl, a knife, a cutting board, a fork, a spoon

Method

1. Peel the shell off of the egg.
2. Cut the egg in half on the cutting board. Take out the yolks.
3. Put the yolks in a small bowl. Measure the mayonnaise and relish and add to the yolk. Mix with a fork.
4. Stuff the mixture into the egg whites. Top with the walnuts.

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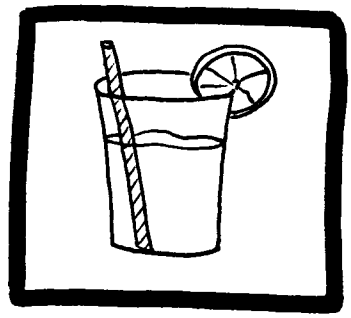
Orange Jubilee

Ingredients



125 mL orange juice

125 mL milk

5 mL sugar

5 mL vanilla

Utensils

a jar with a lid , a glass , a measuring cup , a 5 mL measuring spoon

Method

1. Measure the ingredients , one by one , and put into the jar.
2. Tighten the lid on the jar. Shake while you count up to 30.
3. Pour into the glass to drink.

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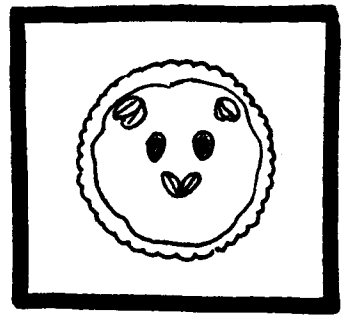
Owl

Ingredients



a round cracker

5 mL peanut butter

2 raisins

6 peanuts

Utensils a knife, a 5 mL measuring spoon

Method

1. Measure the peanut butter. Spread on the cracker with the knife.
2. Use the raisins for eyes.
3. Use 4 peanuts to make the ears.
4. Use 2 peanuts to make the beak.

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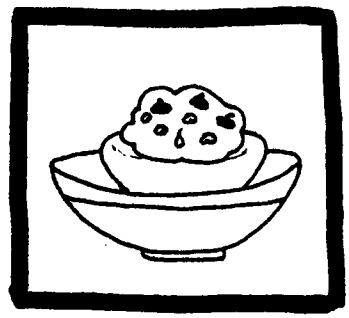
Peachy Sundae

Ingredients



1 peach half

1 scoop of ice cream

15 mL granola

8 chocolate chips

30 mL of peach juice

Utensils

an ice cream scoop, a 15 mL measuring spoon, a small bowl

Method

1. Put the peach in the bowl, hole side up.
2. Scoop the ice cream into the peach.
3. Measure the granola and sprinkle on top, along with the chocolate chips.
4. Measure the peach juice. Pour on top.

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Peanut Butter-Banana Rollup

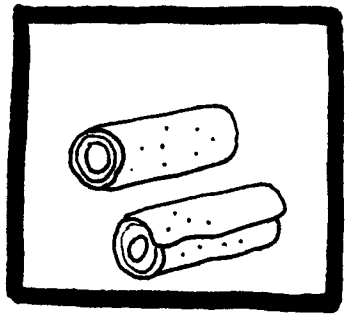
Ingredients

a friend

1 slice of bread

½ of a banana

15 mL peanut butter



Utensils

a knife, a cutting board, a 15 mL measuring spoon

Method

1. Cut the crust off the bread on the cutting board.

2. Measure the peanut butter and spread on the bread.

3. Lay the banana on the bread. Roll it up.

4. Cut the roll into slices on the cutting board and share.

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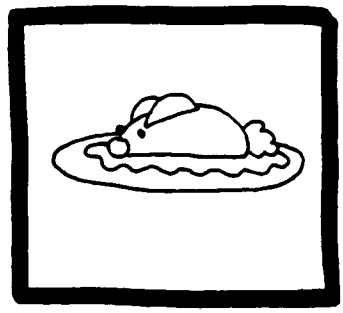
Peter Rabbit

Ingredients

½ of a pear
1 lettuce leaf
2 raisins
1 cherry
2 apple slices
15 mL cottage cheese



Utensils a small plate, a 15 mL measuring spoon, toothpicks

Method

1. Place the lettuce leaf on the plate.
2. Put the pear on the leaf.
3. Use 2 toothpicks to keep the raisin eyes in place. Do the same with the cherry nose and the apple ears.
4. Place the cottage cheese where the tail should be.

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Pineapple Shake

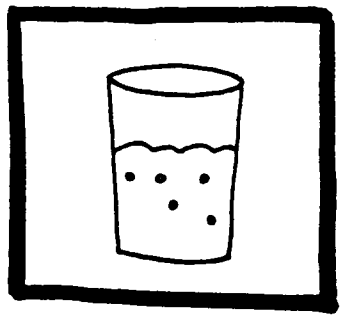
Ingredients

125 mL pineapple juice

5 mL lemon juice

10 mL sugar

75 mL cold milk



Utensils

a jar with a lid, a glass, a 5 mL measuring spoon, a measuring cup

Method

1. Measure the ingredients, one by one, and put into the jar.
2. Tighten the lid on the jar.
3. Shake and count up to 30.
4. Pour into the glass.

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Pizza Mini

Ingredients

½ of a bun

1 slice of salami or pepperoni

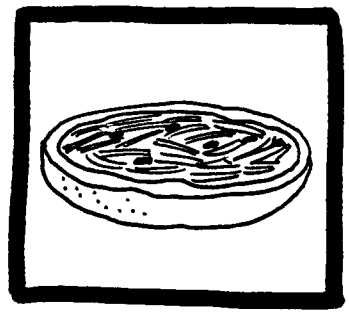
5 mL pizza sauce

grated cheese

onion bits

green pepper bits

butter



Utensils

a knife

Method

1. Butter the bun.
2. Measure the pizza sauce. Spread it on the bun.
3. Add the meat and your other favourite toppings.

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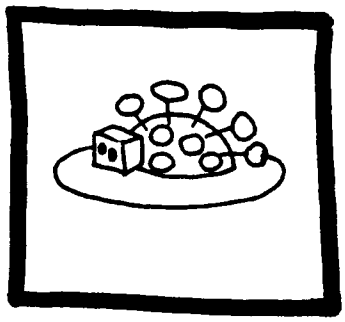
Porcupine



Ingredients

½ of an apple

1 cube of cheddar cheese

10 grapes

2 raisins

Utensils 13 toothpicks, a small plate

Method

1. Place the apple on the plate, round side up.
2. Push a toothpick into one side of the apple. Leave it sticking out. Push on the cheese for the head.
3. Use two more toothpicks to push in two raisin eyes.
4. Use the rest of the toothpicks to push the grapes into the apple. Leave the grapes sticking up a bit.

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Potato Salad

Ingredients

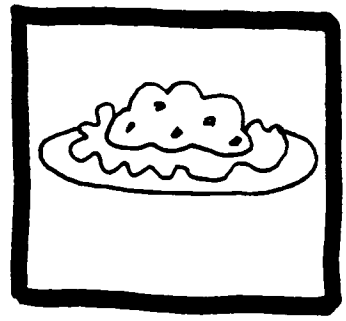
1 peeled and boiled potato

15 mL mayonnaise

onion bits

½ of a hard boiled egg

1 lettuce leaf



Utensils

a small bowl, a knife, a cutting board, a 15 mL measuring spoon
a small plate, a fork

Method

1. Use the cutting board to cut up the potato and the egg. Put into the small bowl.

2. Measure the mayonnaise and add to the bowl. Mix up with the fork. Add the onion bits and mix again.

3. Place the lettuce leaf on the small plate. Put your salad on top.

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Rocket Ship

Ingredients

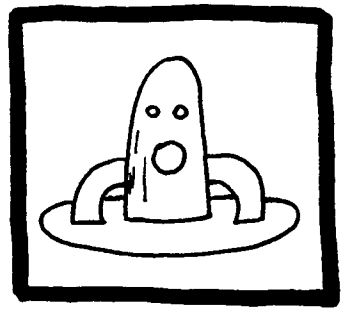
½ of a pineapple ring

½ of a banana

cherries

raisins

nuts



Utensils

a small plate , a knife

Method

1. Stand the banana on the plate.
2. Use the cherries, nuts and raisins for a door and windows.
3. Cut the pineapple in half on the cutting board. Place at the side of the banana.

Blast Off !

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Sailboat

Ingredients

1 apple wedge

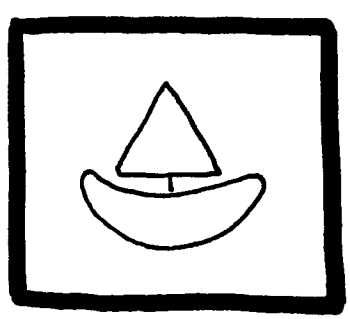
1 △ piece of cheddar cheese

Utensils

1 toothpick

Method

1. Push the cheese onto the toothpick.
2. Push the cheese into the apple.



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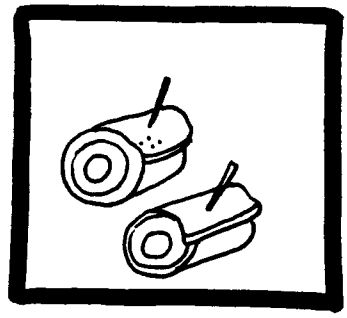
Snails

Ingredients

a friend
1 slice of bread
1 slice of cold meat
2 small dill pickles



Utensils

2 toothpicks, a knife, a cutting board

Method

1. Use the cutting board to cut the crust off of the bread.
2. Butter the bread and cut it in half on the cutting board.
3. Cut the slice of meat in half and put it on the bread.
4. Put the pickle on the meat and roll it up in the bread.
5. Use the toothpicks to hold everything together. Share.

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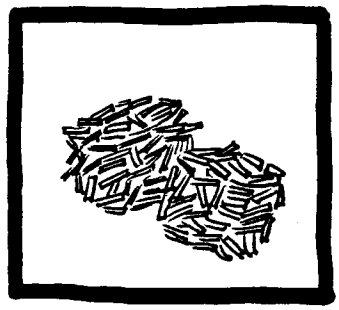
Snowballs

Ingredients



2 marshmallows

coconut

soft cream cheese

Utensils

2 small bowls

Method

1. Put the coconut and cream cheese into the small bowls.
2. Dip the marshmallows in the cream cheese.
3. Roll the marshmallows in coconut.

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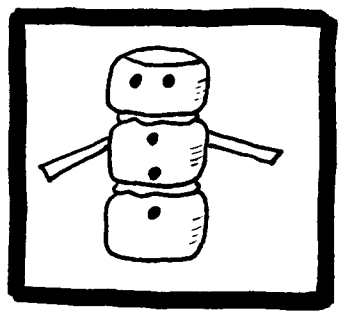
Snowman

Ingredients



3 marshmallows

10 mL peanut butter

5 raisins

2 carrot sticks

Utensils

a knife

Method

1. Measure the peanut butter. Spread some on the flat top of one marshmallow. Put another one on top. Do this one more time. You will have 3 marshmallows stuck together.

2. Use a bit of peanut butter to glue on the raisins for eyes and buttons.

3. Stick the carrots into the sides of the middle marshmallows for the arms.

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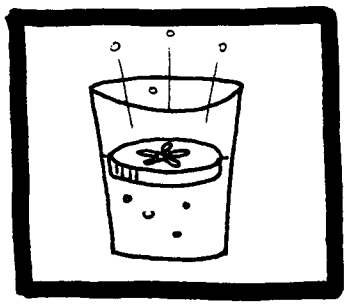
Valentine Fizzle

Ingredients

125 mL cranberry juice

125 mL ginger ale

1 orange slice



Utensils

a measuring cup, a tall glass, a spoon

Method

1. Measure the cranberry juice and gingerale. Pour into the glass.
2. Stir.
3. Float the orange slice on top.

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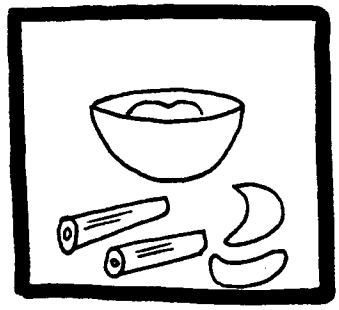
Veggies and Dip

Ingredients



1 carrot
1 chunk of green pepper
15 mL mayonnaise
30 mL plain yogurt
minced onion
dill weed

Utensils

a small bowl, a carrot peeler,
a spoon, a knife, a cutting board
a 15 mL measuring spoon

Method

1. Peel the carrot and wash it. Use the cutting board to cut it in half.

2. Cut the green pepper in two.

3. Measure the yogurt and mayonnaise and put in the small bowl. Mix. Add onions and dill weed. Mix again.

4. Dip your veggies ! Yum! Yum!

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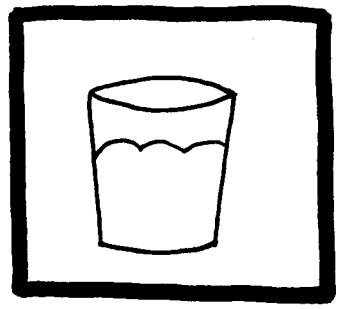
Witch's Brew



Ingredients

125 mL cranapple juice

1 scoop vanilla ice cream

Utensils

a jar with a lid, an ice cream scoop, a glass

Method

1. Scoop the ice cream into the jar.
2. Measure the juice. Add to the jar.
3. Put the lid on the jar and tighten.
4. Shake and count to 30.
5. Pour into the glass.

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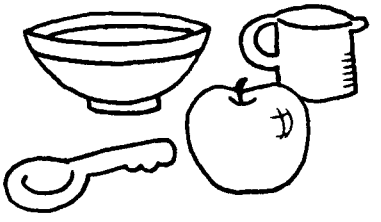
Charlie the Chef's Cooking Task Cards

You'll find 10 Task Cards plus a "how-to" Task Card.

Photocopy onto coloured bond paper and laminate. Display on a Bulletin Board or suspend from a hoola hoop. Task Cards must be removable.

Place the File Folder activities in file folders. Label. Photocopy sufficient amounts of activities.

Each student should have a Centre Book to work in. The Contract Sheet goes inside the Centre Book.



Recipe Cards

Prepare the same as Task Cards. Display the recipe(s) of the day at the Cooking Centre, along with the utensils and ingredients.

Cooking Centre

Display the Cooking Centre picture along with the "Getting Ready" and "Clean Up" signs.

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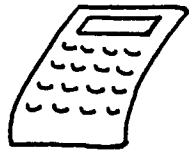
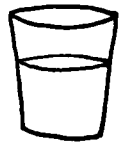
Cooking Task Card Contract

Name _____

Good or Bad? #1	Patterns #6
Word Scramble #2	Word Search #7
A Famous Chef #3	Recipe for Friendship #8
Numbers #4	A New Apron #9
Restaurant #5	Survey #10

As you complete each task, draw a utensil of your choice in the box.

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Getting Ready

1. Wash your hands.
2. Wash the cooking area.
3. Look at the recipe and find the utensils that you need.
4. Find the ingredients that you need.

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Clean Up !

1. Put some water in a dish pan.
2. Add some soap.
3. Wash your dishes.
4. Dry your dishes and put them away.
5. Clean up your cooking area.

Now enjoy your snack !

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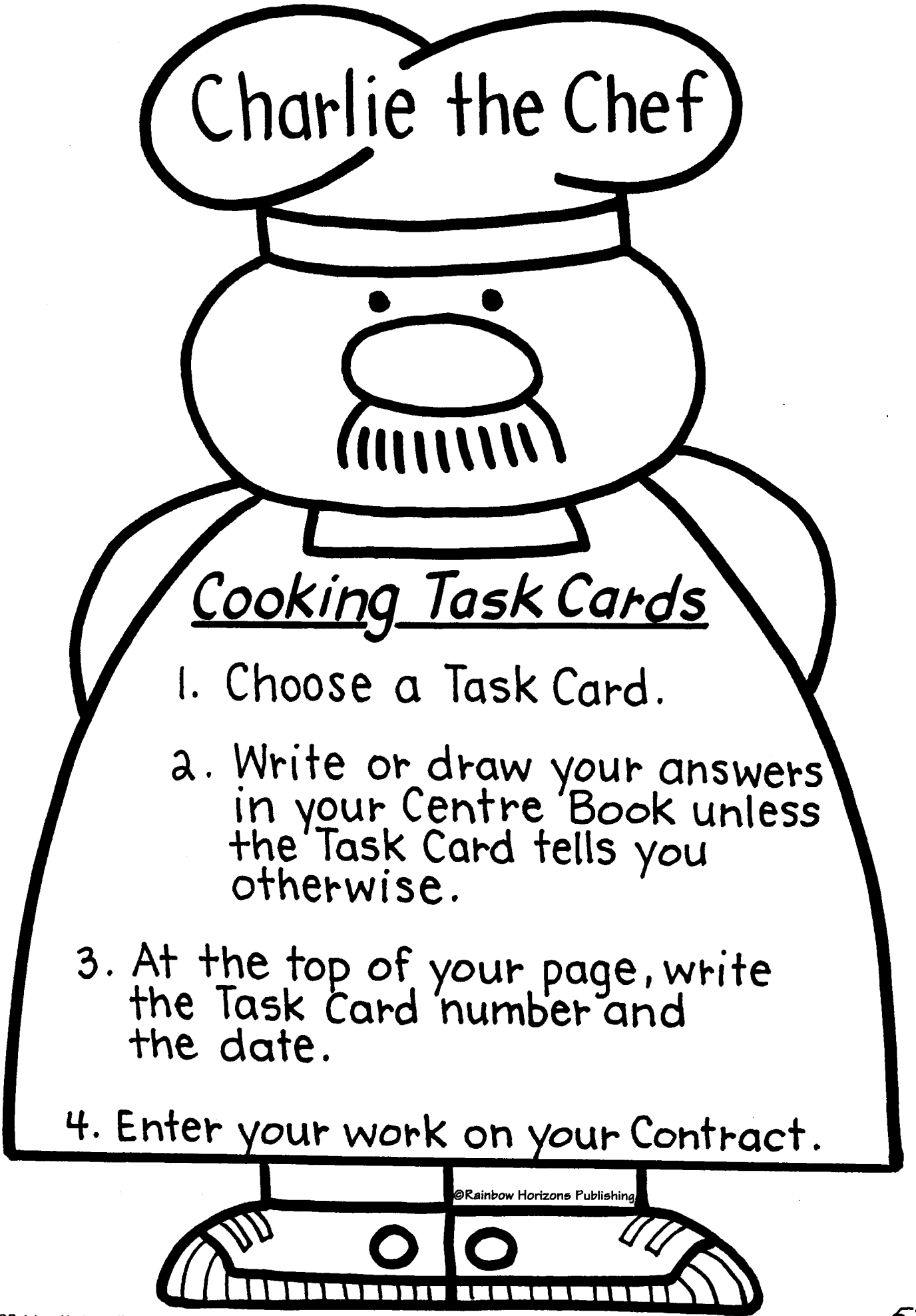

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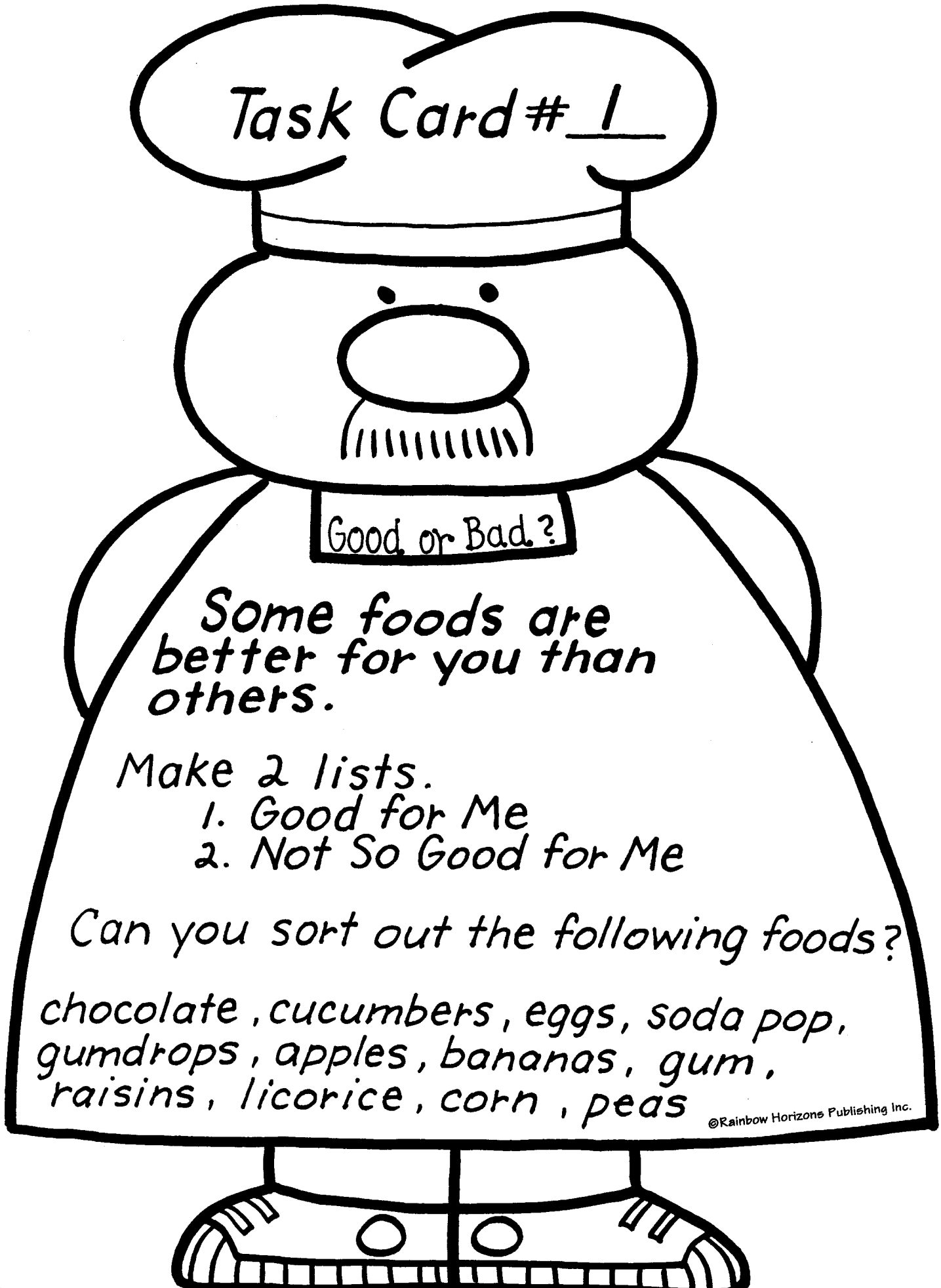

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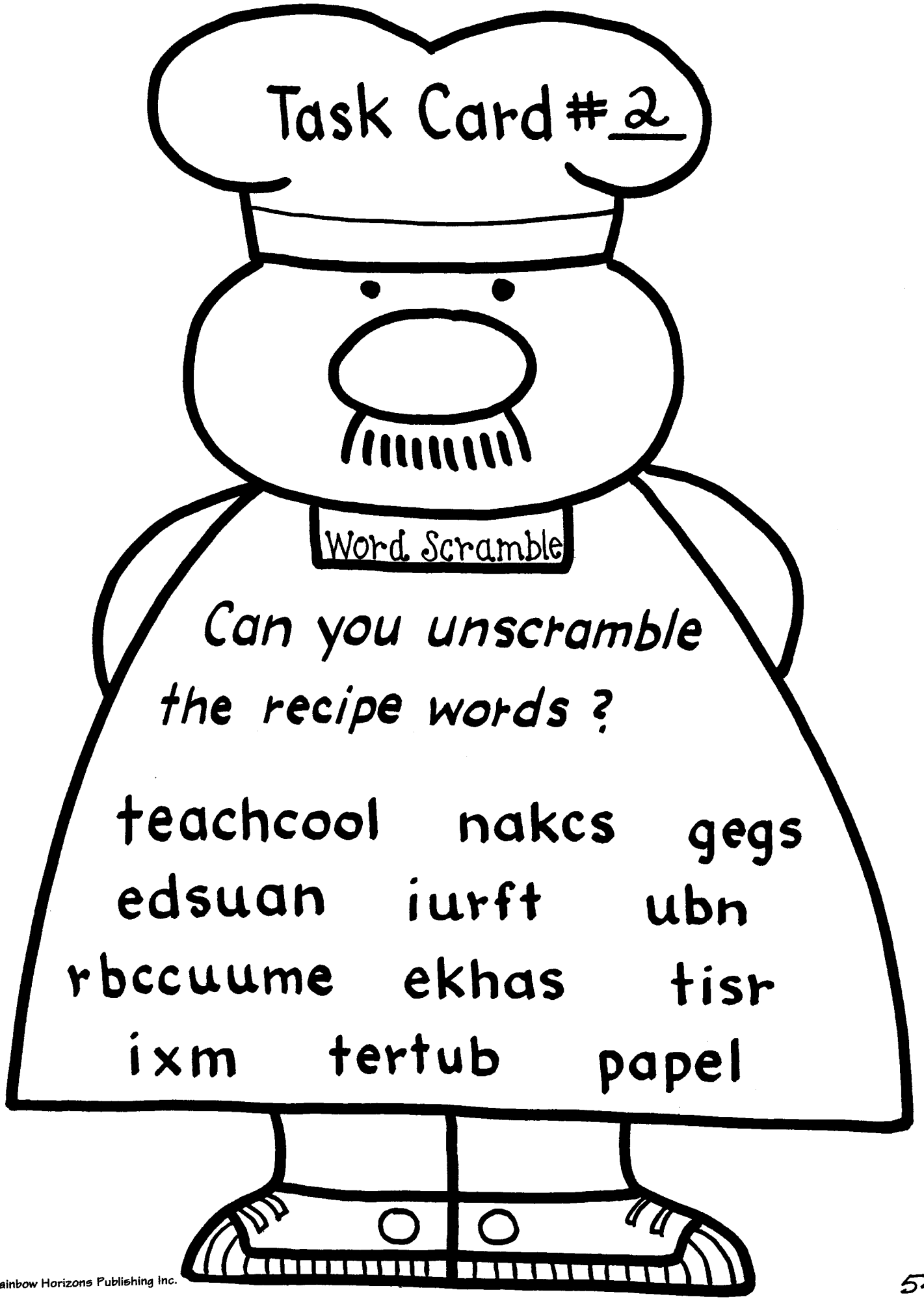

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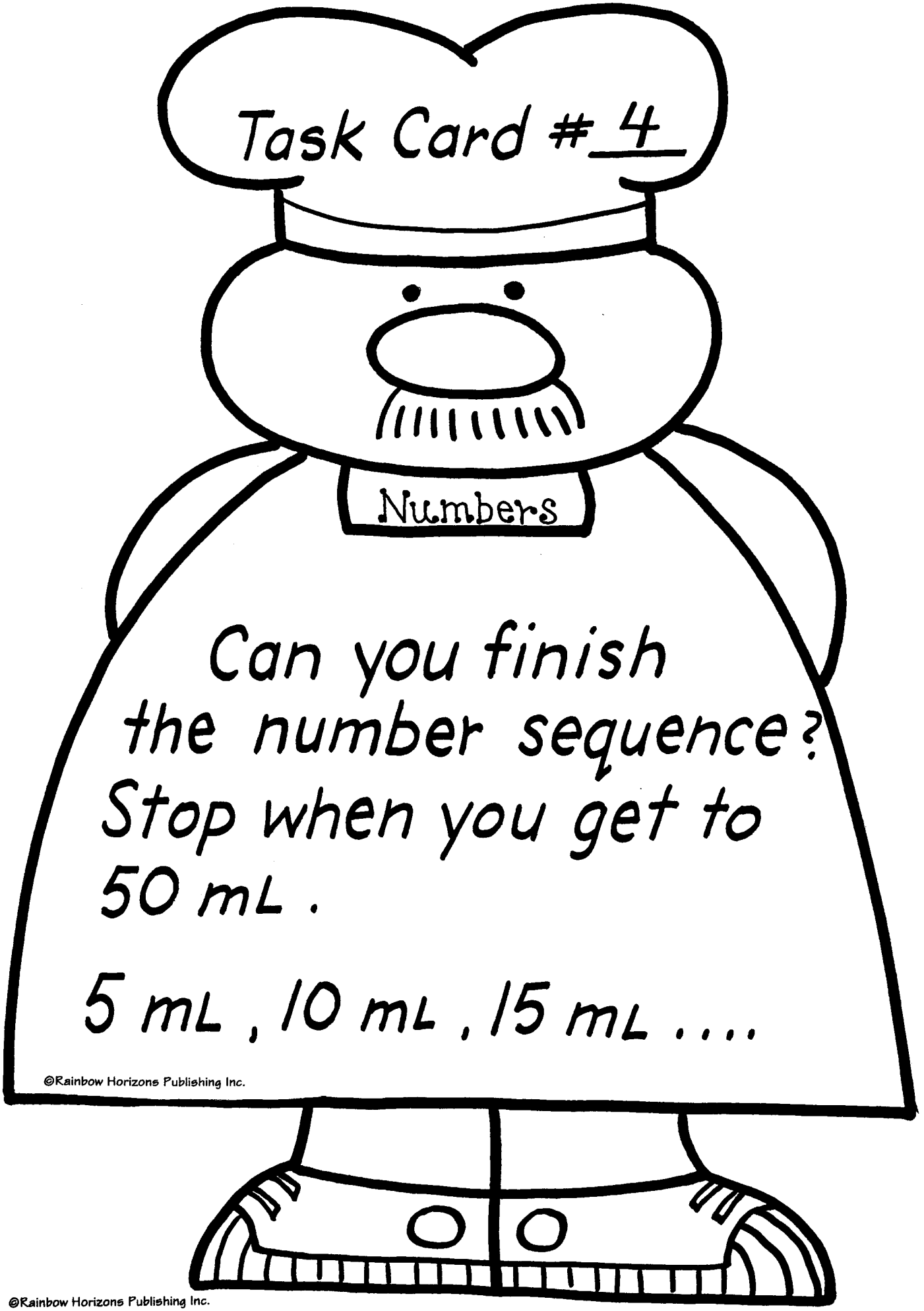

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Task Card #5
Restaurant
Would you like to own a restaurant? Give your restaurant a name and make a menu for your restaurant.
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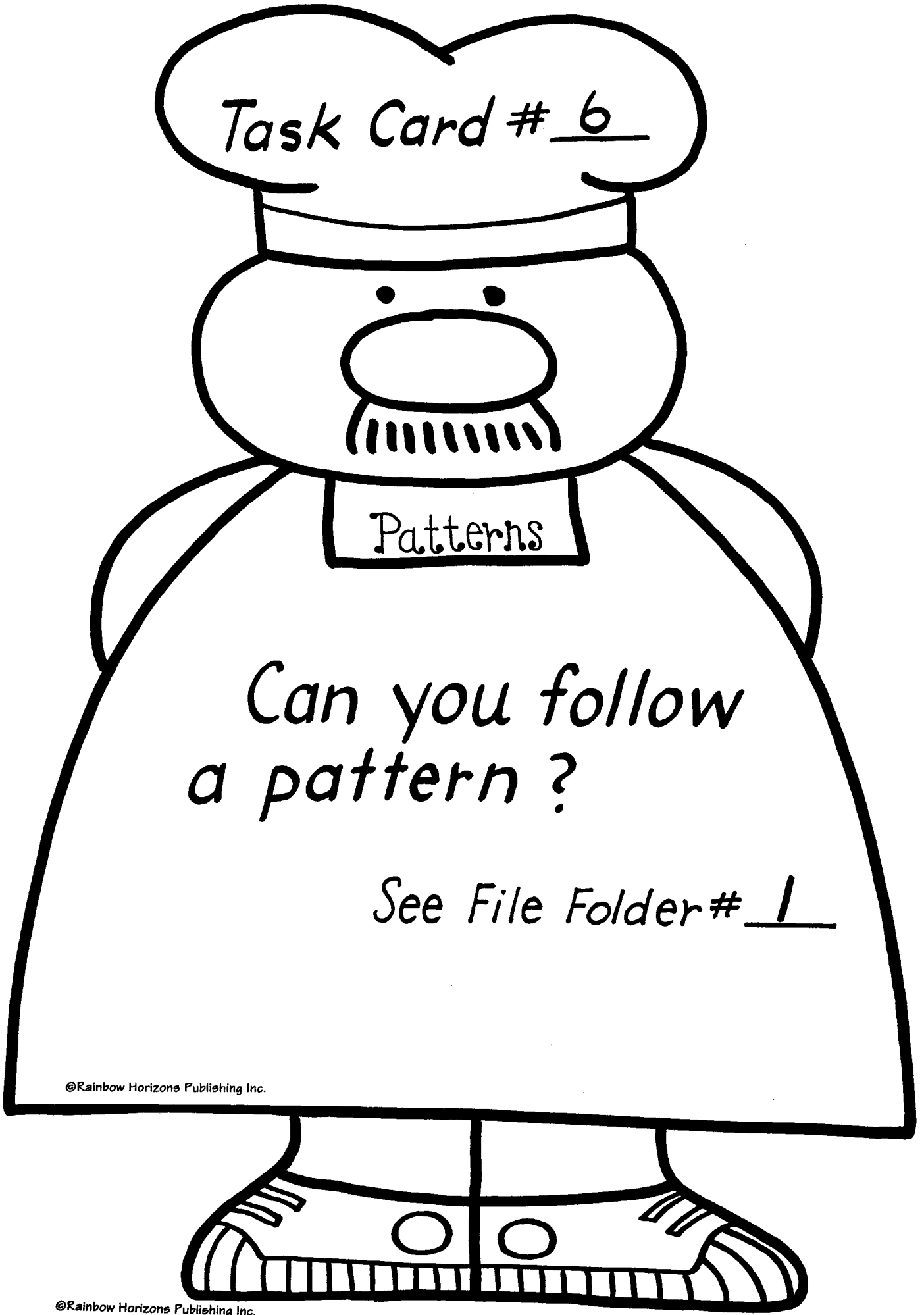

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Task Card #6 File Folder #1

Name _____ date _____

Can you follow the patterns and draw what comes next?

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Task Card #7
Word Search
Would you like to go on a Recipe Word Search?
See File Folder # 2
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Task Card # 7 File Folder # 2

Can you find the recipe words?

c	x	a	r	p	m	f
a	i	p	n	u	l	k
r	n	p	l	f	x	z
r	g	l	e	g	g	c
o	r	e	c	i	p	e
t	e	j	a	r	o	a
o	d	v	z	y	t	e
n	i	u	y	u	a	k
i	e	b	c	z	t	v
o	n	u	t	s	o	i
n	t	n	b	o	w	l
t	s	r	c	q	n	s

Name _____ date _____

The words are: ingredients, recipe, egg, potato, nuts, apple, jar, bun, bowl, onion, carrot.

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Task Card # 8
Recipe for a Friendship!
A recipe includes a list of ingredients. Can you write out a recipe for a good friendship ?
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Task Card # 9
A New Apron
Charlie the Chef has a plain white apron. Can you design a colourful apron for Charlie ?
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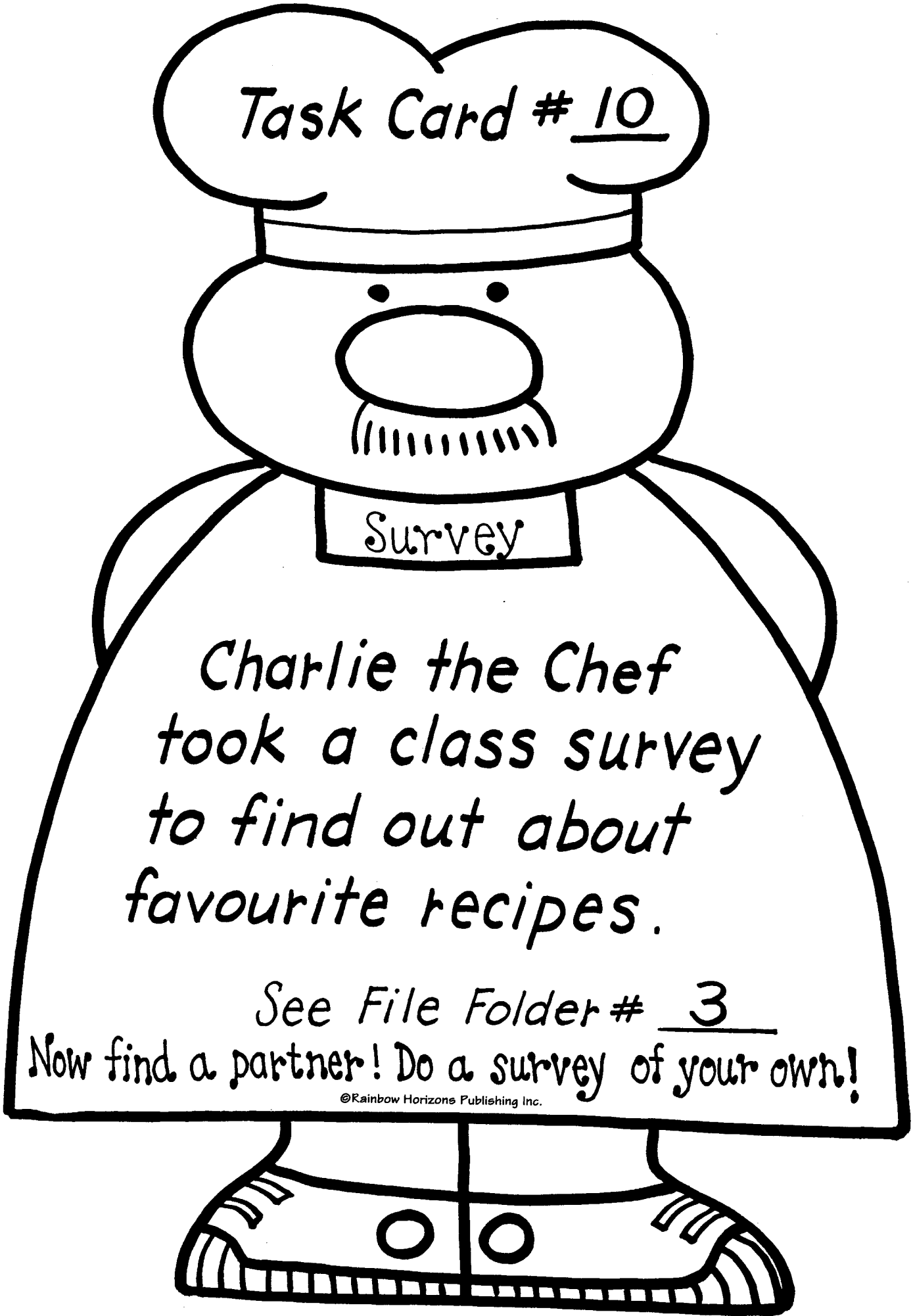
Task Card # 10
Survey
Charlie the Chef took a class survey to find out about favourite recipes.
See File Folder # 3
Now find a partner! Do a survey of your own!
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On his survey, Charlie discovered that ...

1. 3 boys and girls liked the Snails.
2. 5 boys and girls liked the Monster Buns.
3. 8 boys and girls liked the Potato Salad.
4. 9 boys and girls liked the Peachy Sundae.
5. 4 boys and girls liked the Bugs on a Log.
6. 1 boy liked the Rocket Ship.

Can you graph the answers for Charlie ?

Fill in the blanks at the bottom of the page.

Glue this page to the inside of the file folder.

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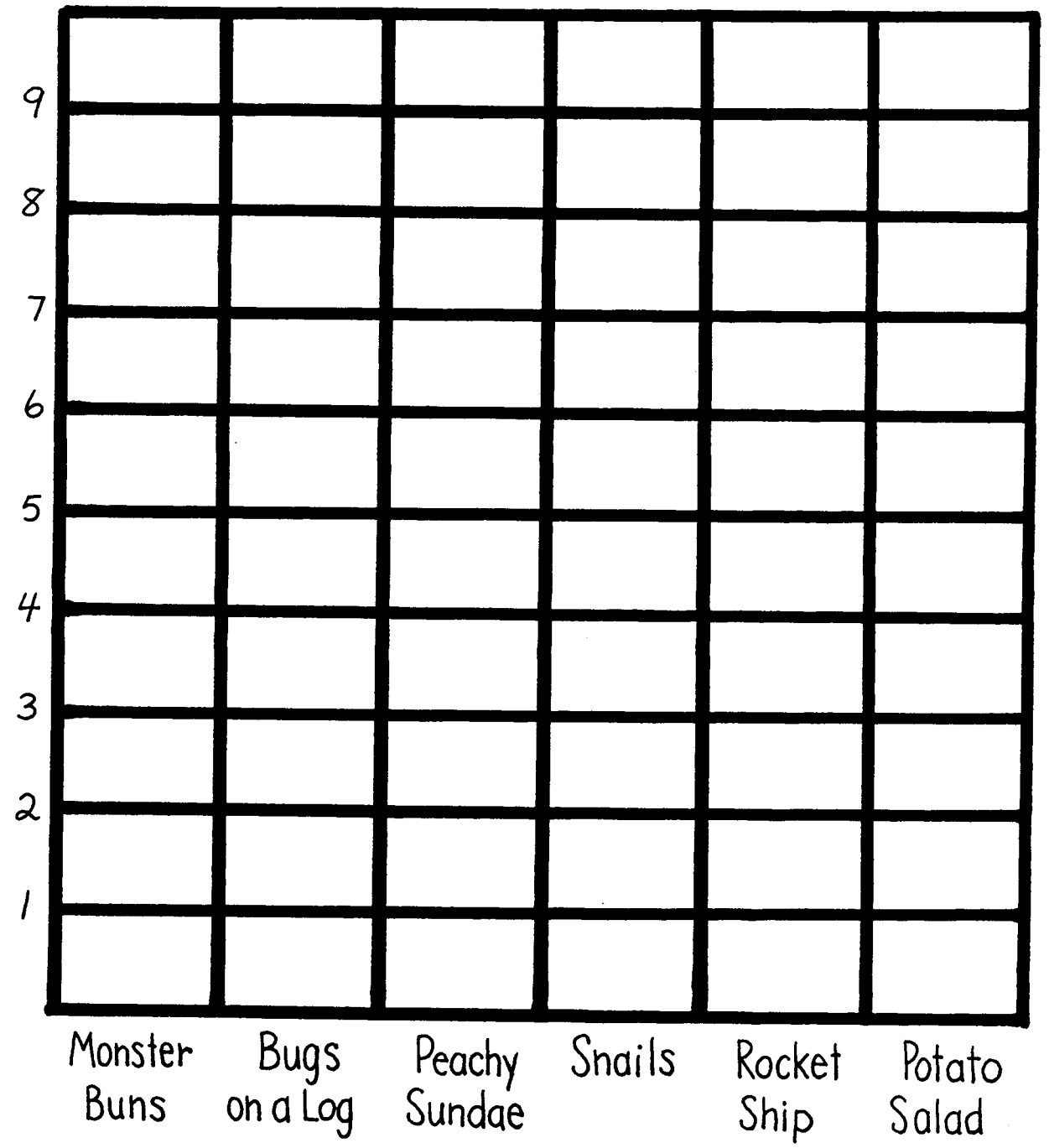
Task Card # 10 File Folder # 3

Name _____

date _____



1. The favourite recipe was _____.
2. More liked Bugs on a Log than _____.
3. The least favourite recipe was _____.

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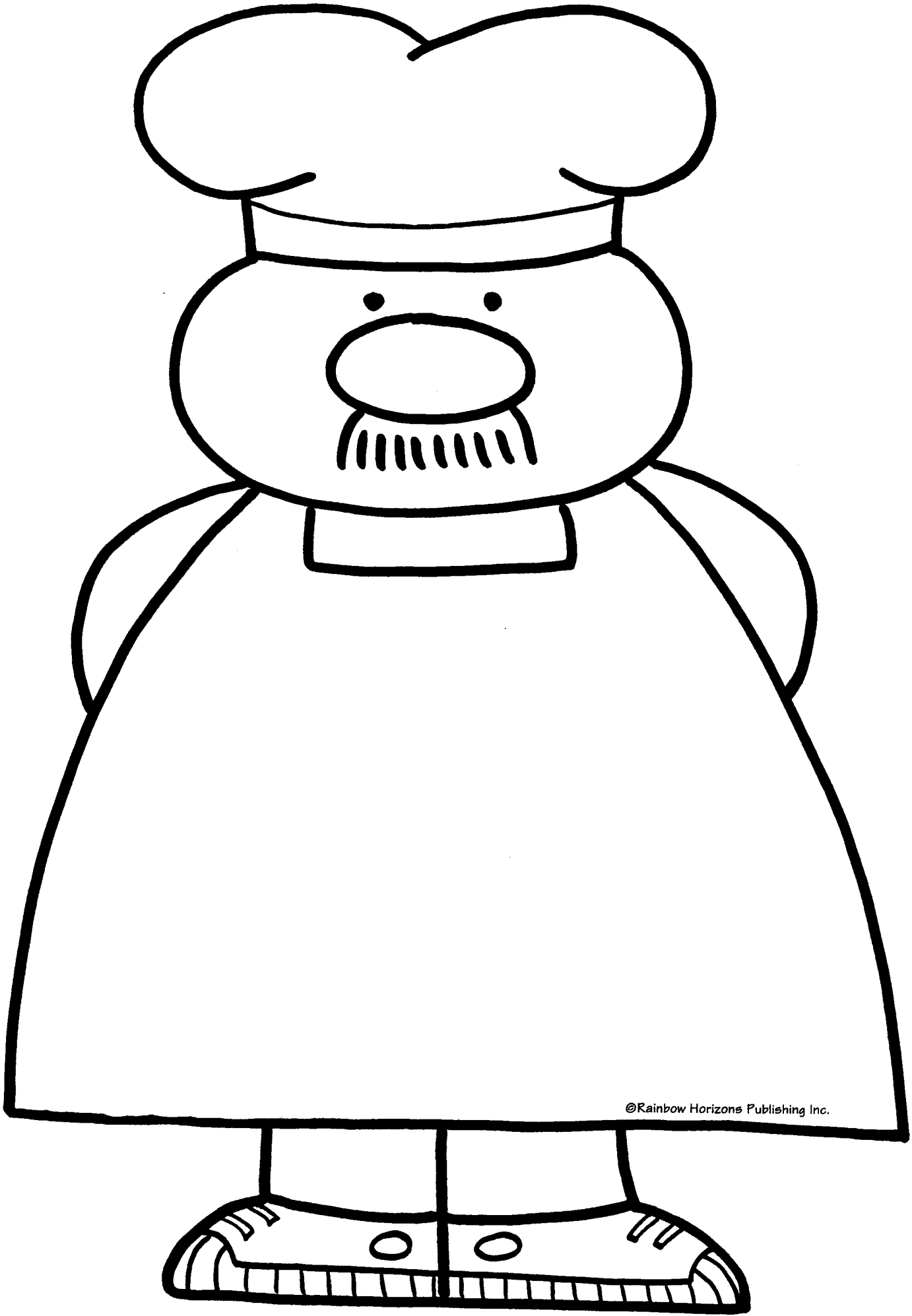
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